

EFFO Autumn Meeting

18-19 September 2020



Minutes – 18 September

Attendees

Board : Maurice Cheng / Hanna Tomasdottir / Richard Weynen / Jonathan Bailey-Teylechte / Lluís Horta / Dimitri Boulenger

Members : Gabriella Bragée / Jean Bofferding / Michel Van Espen / Nina Mittendorfer / Mendel Blokland / Tomas Collin / Simon Asher / Christin Stormyr / Anni Bach Zangenberg / Robert Grech / Marie-Helene Sala / Evangelos Skotionitis / Rui Coelho / Chiara Arienti / Laura Lee Kamppila / Susan Farwell / Dirk Segers / Nancy Spence / Evangelos Evangelou / Cameron Paulberg / Dawn Carnes / Rui Coelho / Sandra Lois / Glynis Fox / Stacey Clift / Gregorio Barroso / Fermin Lopez Gill / Nejc Mijik / Jure Tusek / Fernando Baptista / Arkadiusz Martyniuk

Secretariat: Belinda Chavasse / Georgina Leelodharry / Katie Griffiths

	Item	By
1	Welcome <ul style="list-style-type: none"> HT welcomed everyone to the meeting on behalf of the EFFO Board and noted that she is with JBT and MC in London to form the face to face core of the meeting It was noted that there is a busy agenda, and two members from EPHA would be presenting She introduced the CEO, MC, to introduce the agenda for the weekend 	HT
1.1	Agenda for the Friday Meeting <ul style="list-style-type: none"> MC took the meeting through agenda Workshops will be held on each of the four pillars – Education / Communications / Regulation / Research to discuss and agree key priorities for 2021 – noting that the financial year is the same as the calendar year It was noted that questions could be raised in private chat HT and the Board were thanked for their contributions to give such good member support over the last 6 months MC introduced Sascha Marschang (SM), Secretary General of EPHA 	MC
2	Keynote: Sascha Marschang, Secretary General, European Public Health Alliance <ul style="list-style-type: none"> SM thanked EFFO for the invitation to introduce EPHA and introduced his discussion EPHA is European Public Health Alliance and EFFO is now a member EPHA is Europe's largest public health umbrella NGO advocating for better health in Europe. Thus a network of networks and a change agent 	SM

	<ul style="list-style-type: none"> • SM talked through the mission and vision of EPHA • EPHA represent a number of different members including on risk factors, disease-specific issues, health professionals, patients, researchers and advocates • The Board consists of 7 people who have a 2 year mandate which overlap so there is a turnover every year. There is one President, 2 VPs and 1 Treasurer and other members of the Board have different responsibilities. The AGA meets once a year and this may be combined with the annual conference. The Secretariat consists of a team of 11. • There is currently no industry funding which brings independence but this may change. Funding comes from grants and membership fees. • Advocacy was defined looking at the OSF and UNICEF definitions and the detail of this will be discussed in more detail tomorrow. • To work with members, policy meetings are held bi-monthly and information is shared extensively through social media and so this process will be changed. There are also working groups and director's meetings. • There is a variety of documents that are produced • There are a number of communication channels which are growing. Social media is a double-edged sword as there is ease and speed but lack depth. • COVID has presented an additional challenge, with increased workload and different priorities and many uncertainties which all need to be reflected in the strategies • There are challenges into how to work quickly and proactively so there are proposals for new policy clusters • SM introduced some ideas of how to work better together and invited other ideas • SM was thanked for joining the meeting and his informative presentation • SM invited questions from any EFO member on an ongoing basis • SM left the meeting and advised that his colleague would present tomorrow on advocacy 	
3	Update Reports	
3.1	: CEN Review 2020	Jonathan & Lluís
	<ul style="list-style-type: none"> • JBT and LH took the meeting through the latest CEN revisions • The standards need to be reviewed approximately every 5 years when a standard is looked at and reviewed and can be confirmed, amended, revised or withdrawn • The membership was asked to make contact with their relative institutes to vote confirm the standard. This has been delayed by COVID. • Reviews are delayed until 2022 • A letter template has been produced and this would be sent to all members for completion and forwarding to relative standardisation bodies • Questions were invited and JBL and LH confirmed they were open to receive questions at any time. • Cyprus explained why they would abstain. This is because they are not allowed to use certain words in the definition of osteopathy and there 	

	<p>is a concern of conflict with the doctors. EE will investigate further and JBL confirmed this approach and EE was encouraged to keep the conversation going</p> <ul style="list-style-type: none"> • The Canadian standards will be published soon and may be of use to other countries 	
3.2	: PROMs	DB / RW
	<ul style="list-style-type: none"> • Data collection ceased at the start of lockdown but is now starting up again and EFFO members were encouraged to sign up or restart • Dawn Carnes gave an update: <ul style="list-style-type: none"> ○ Germany / France / Switzerland / Belgium / Greece / UK have collected data with over 2000 patients having responded to a baseline questionnaire ○ Response rates are typically low and need to be increased ○ Spain, Sweden and Greece have completed the translation the app and are ready to go post-Covid ○ Denmark will move into a pilot phase ○ Norway is part complete with the translation ○ Canada will look at using current translations but progress currently on hold ○ Recruitment is currently slow which is understandable ○ Patients are coming in for treatment post Covid and data is being sought as to how osteopathy has helped treatment and a question will be included to incorporate this ○ DC confirmed she would be happy to respond to any questions 	
3.3	: Working Differently Working Well series	Hanna
	<ul style="list-style-type: none"> • Hanna thanked the team of LLK / CA / TC / MC noting there had been a number of regular online meetings, as well as regular catch ups • Social media activity was increased and all EFFO members were invited to follow on Facebook and Instagram • There have been a number of live webinars and there is a YouTube channel where videos have been uploaded • All members were invited to share any webinars • There were no questions 	
4	Working Group Workshops	
4.1	EFFO Research Workshop	Chiara
	<ul style="list-style-type: none"> • CA introduced the Research Working Group members, welcoming JBT as a new member of the group and who will be the secretary. She took the meeting through her slide deck • The group was formed in May 2019 • The aim of the group is to promote and enhance European research • The research document was a useful exercise but deemed too time consuming and costly to be customised for each member • The research working group will change tack to make research available in a cost effective way as research is expensive and a lot of research has already been undertaken • A poll was launched for attendees 	

	<p>1. Do you think that research is useful for the osteopathic clinicians?</p> <p>Yes 100%</p> <p>No 0%</p> <p>Un Known 0%</p> <p>2. Do you think that it is important to educate the profession about research?</p> <p>Yes 100%</p> <p>No 0%</p> <p>Unknown 0%</p> <p>3. Are you aware of the concept of Knowledge Translation?</p> <p>Yes 52%</p> <p>No 42%</p> <p>Unknown 6%</p> <p>4. Do you agree that the tasks of RWG should be: dissemination and education?</p> <p>Yes 94%</p> <p>No 0%</p> <p>Unknown 6%</p> <ul style="list-style-type: none"> • Shows that the group believes research is integral part of promoting osteopathy. Good quality research is needed to back up what is said. • Evidence is needed to defend the position • OIA is updating global report which will soon be published and there is an evidence summary in that report. • Funding is needed and there are charitable organisations that can support with funding. • Dissemination of evidence is key • Need to know the purpose of research • The tasks of the group include collaboration is needed between different working groups and collaboration with NCOR, and this is ongoing • Lobbying is key and is particular to individual countries • The Research Document did not work for EFO as member's needs are so different • There was agreement of 14 in favour for change of mission for research working group • The Working Group confirmed they would update after the next meeting 	
4.2	EFO Education Workshop	Tomas
	<ul style="list-style-type: none"> • TC introduced the group, the purpose and the key issues and outputs • Draft statements were presented and the meeting broke up into groups – for further discussion to discuss feedback on the draft 	

	<p>statement and also how EFFO members could make use of the policy document when in contact with education providers, regulators, membership etc. onto the Jamboard</p> <ul style="list-style-type: none"> • On return, it was confirmed that the Jamboard would remain open for further comments • The Education workgroup would update accordingly 	
4.3	EFFO Regulation Workshop	Hanna
	<ul style="list-style-type: none"> • HT introduced the members of the group and updated on the activities undertaken since the meeting in Lisbon • She shared a draft document of regulation and talked through it • The group was broken down into two groups to answer questions from the Jamboard • The groups feedback on their finding and it was thought that the document was a good start. There was a good level of detail as it looked at the issue from all angles. An overview would be added. The target reader needs to be considered and a summary / key points from every country would be of use. It was noted that the document could be translated. • The document would be a live document and would be updated on a regular basis 	
4.4	EFFO Communications Workshop	Laura
	<ul style="list-style-type: none"> • LLK introduced the group, the purpose and what had been achieved and the focus. • The meeting was divided into groups for discussion to look at different angles, different target groups, and to look at the core value, actual value and augmented value • Points noted included being a good listener, taking time for the patient, empowering the patient, • Employers are stakeholders • It was asked that this discussion would be repeated with more time • The meaning of “complementary” needs to be considered • There is an increased number of regulated countries • KG updated the meeting on the activities on the iO in the marketing and communications arena. The benefits of osteopathy are being highlighted, along with facebook, youtube, etc. KG confirmed that she would be happy to share any material • The VOD also spends a lot of money on marketing and communications 	
5	Summary and close	Maurice
	<ul style="list-style-type: none"> • HT thanked everyone for the contributions to the meeting and noted it had been inspiring • MC took the meeting through the plans for the next day’s meeting • MC confirmed he would pick up the outputs of the discussions today into a Business Plan for approval at the AGM tomorrow • The voting requirements at the AGM were confirmed • The meeting was brought to a close and participants were thanked for their contributions 	