



Hanna Tómasdóttir

Osteopath DO & Master in Positive Psychology

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CV

Professional development experience

- 2020-** Elected President of the European Federation & Forum for Osteopathy – EFFO
- 2019-** OIA Nominations Committee member
- 2019-** Working Group Chair for the EFFO Regulation Working Group
- 2018-2020** Board Member, Communications and Vice President of the EFFO
- 2018-** Government working groups on:
 - National Clinical Guidelines for Non-Pharmacological Treatment of Migraine and Tension Type Headache
 - National Framework for medical records and patient notes
 - 'Målepunkter for osteopater' – benchmarks for osteopathic practice as licensed healthcare professionals
 - Patient Safety Authority advisory forum for authorisation (licensing) of osteopaths in Denmark
- 2017-** Elected President of Danske Osteopater
- 2017-2018** Board Member at the Forum for Osteopathic Regulation in Europe – FORE
- 2013- 2017** Board Member, PR & Communication, and Vice President for Danske Osteopater

Education

- 2018-2019** UK Osteopathic Development Group's Osteopathic Leadership Programme in collaboration with the Open University, London, UK
- 2015-2017** Qualified as Master in Positive Psychology, MAPP, from Aarhus University, Campus Emdrup, Denmark
- 2000-2006** Qualified as osteopath DO from The International Academy of Osteopathy – IAO – Belgium
- 1994-1997** Qualified as physical therapist from Fysioterapeutskolen i København, Denmark

Language skills

- Icelandic* - native speaker
- Danish* - near native/fluent
- English* - fluent
- Norwegian* - basic communication skills / working knowledge
- Swedish* - basic communication skills / working knowledge
- Faroese* - basic communication skills / working knowledge



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CV

Clinical and practice experience

- 2016-** Co-owner and osteopath at Q KLINIK, Frederiksberg and Østerbro
- 2009-2016** Co-owner and osteopath at a multidisciplinary clinic – Klinik Westend, Vesterbro, Copenhagen
- 2008-2015** Osteopath and consultant for BUPA International, Denmark
- 2006-2009** Osteopath at Klinik For Osteopati, Charlottenlund
- 2002-2003** Physical therapist and Consultant at Projekt Krop & Kræft, Rigshospitalet (multidisciplinary cancer research project)
- 1999-2006** Physical therapist at Gildhøj Fysioterapi & Gildhøj Privathospital
- 1999-2006** Physical therapist for handball, football and karate teams, both amateur and professional level
- 1997-1998** Physical therapist and acting head of department for physiotherapy at Queen Ingrid's Hospital in Nuuk – the National Hospital of Greenland

Publications, conference speaker & reviewer

- 2020-** Reviewer for the International Journal of Osteopathic Medicine – IJOM
- 2016-** Speaker at the Nordic Congress in Osteopathy in 2018 and 2019. Workshop on organisational structure changes, for FORE in 2018, amongst other wellbeing projects and workshops with focus on the biopsychosocial approach for healthcare professionals
- 2013-** Freelance Health Writer, published in netdoktor.dk, [Sygeforsikringen "danmark"](http://Sygeforsikringen_danmark), [Sund Forskning](http://SundForskning), Sundhedsguiden.dk and LINAK
- 2010-** Health Columnist at SØNDAG – a Weekly Women's Magazine, where I write columns on a weekly basis about physical and mental health