

**Hanna Tómasdóttir**

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Application to continue as the EFFO President

I hereby confirm my wish to extend my term as a Board Member and to continue my role as the President for the European Federation & Forum for Osteopathy (EFFO), to serve a term of three years, from the Annual General Meeting last year, 2020. I was voted in as a Board Member in 2018, for the new established organisation, European Federation & Forum for Osteopaths (EFFO), which came about as a merger between the European Federation of Osteopaths (EFO), and FORE. In 2020 I was appointed President by the Board of EFFO in our AGM.

During the EFFO Autumn Conference and Meeting in 2020, resolution 1.7 was presented for voting:

"1.7 The President of the EFFO should serve a term of three years from the Annual General Meeting when appointed, and extend their current term on office on the board accordingly."

The membership voted as follows:

- Seventeen (17) in favour
- None (0) against
- Three (3) abstentions

Due to support from our membership and my intrinsic motivation to work for our profession and the European Community of Osteopaths, I would be honoured to continue my work for the European Federation & Forum for Osteopathy – where my focus and passion, and my experience of working for both Danske Osteopater and the European Federation & Forum for Osteopathy will – I hope – contribute to further development of osteopathy as an even stronger profession in Europe and Globally.

Short BIO

Originally from Iceland, now living in Denmark for almost 30 years, I have a successful track record in building recognition and achieving regulation for the osteopathic profession. In a pleasingly brief period of time, osteopaths gained full regulation as a primary healthcare profession in Denmark in 2018, under my leadership. I have worked with several Danish Government Working Groups since, on the regulation of the osteopathic profession and on multidisciplinary projects in co-operation with the other regulated healthcare professions.



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●●● **Key strengths**

My key strengths are curiosity, creativity, sound judgement and perspective, which for example means that I am (almost) always working on innovative ideas, chasing new ways of doing things, and brainstorming good solutions to challenging situations. I believe few things are actually impossible, some goals just take more time, effort, and a different way of thinking.

I believe that kindness, enthusiasm, emotional intelligence, forgiveness and love of learning are also key to how I work – all of which I think are important strengths for both Team Player and leadership roles.

My vision for osteopathy

My vision is to continue to promote our profession in Europe as a primary contact and patient-centred healthcare, and to be the first choice for treatment of musculoskeletal disorders. In order to achieve that, we need to continue to support the remaining unregulated countries to strive for full regulation of the osteopathic profession, across the full scope of our capabilities.

In those countries where osteopathy is already regulated, we still need to promote our profession and strive for further recognition. We need to co-ordinate a global focus on strategic communications, work towards more evidence based practice, support and lobby for governmental accredited education on a proper level in every country, and inspire and encourage our memberships around the world to engage in different government projects and multidisciplinary working programmes.

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Osteopath DO & Master in Positive Psychology

President European Federation & Forum for Osteopathy
